



MARTIAL ARTS STARS

Church's Martial Arts, with locations in Carmel Valley and Encinitas, compete in the Pan American Championships 2016 in Uruguay on Sept. 9. Young students did compete and they won, including 8-year-old Channah Zeitung, above, who attends Carmel Del Mar Elementary School. Zeitung won five championships. Other competitors were Kane Church, Cameron Twomey, Luke and James Knee and Grace Dabir. At the event, 430 championships could be awarded and Church's took home 15 of them, the most any school won.

Courtesy photo